



Aftercare Instructions: Root-Canal Treatment

Numbness

Your local anaesthetic will take several hours to wear off. During this time it is very easy to accidentally bite or burn yourself without proper precautions. For this reason, we advised no eating, and no drinking hot drinks, until the anaesthetic has completely worn off.

Post-Operative Discomfort

After your local anaesthetic wears off, the tooth and surrounding area may be sore, and the tooth may be tender to bite on. This will usually wear off within a few days of treatment.

If the tenderness is still present after 14 days and you are concerned that it is not settling, please contact the practice. Similarly, the gums around the treated teeth may be sore, as may the jaw and jaw muscles. This too will settle with time.

Fracture Risk

A root-filled tooth is more vulnerable to fracture than an untreated tooth. The dentist may have advised placing a crown on the tooth in order to minimise this risk. In the mean-time, please be extra cautious to avoid biting hard foods on the tooth, such as nuts or ice cubes. Once the final crown is placed, it will be much more durable and resilient.

**If you have any questions or concerns, please contact the team on
(07) 5441 3583**