

# Aftercare Instructions: Crown Preparation

# **Numbness**

Your local anaesthetic will take several hours to wear off. During this time it is very easy to accidentally bite or burn yourself without proper precautions. For this reason, we advised no eating, and no drinking hot drinks, until the anaesthetic has completely worn off.

## **Temporary Crown**

Your temporary crown is made of acrylic, a weak material, and is cemented with a weak cement. This is intentional, so that it can be removed easily at your next visit.

Try to avoid eating on the temporary crown altogether, especially when eating hard, chewy or sticky foods which may break or de-bond the crown.

If the temporary does break or de-bond, you must contact the surgery to have it replaced, even if the tooth is not sensitive.

## **Post-Operative Discomfort**

After your local anaesthetic wears off, the tooth may be sensitive. This will usually resolve shortly after the final crown is fitted. Similarly, the gums around the treated teeth may be sore, as may the jaw and jaw muscles. This too will settle with time.

### **Rough or Strange Feeling**

The temporary crown may feel rough and strange, and this is normal. The final crown will feel vastly smoother and more natural.

If you have any questions or concerns, please contact the team on (07) 5441 3583

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