



Aftercare Instructions: Fillings

Numbness

Your local anaesthetic will take several hours to wear off. During this time it is very easy to accidentally bite or burn yourself without proper precautions. For this reason, we advised no eating, and no drinking hot drinks, until the anaesthetic has completely worn off.

Post-Operative Discomfort

After your local anaesthetic wears off, the tooth may be sensitive. This will usually wear off within a few days of treatment. If the sensitivity is still present after 14 days and you are concerned that it is not settling, please contact the practice. Similarly, the gums around the treated area may be sore, as may the jaw and jaw muscles. This too will settle with time.

A New 'Strange' Feeling

To begin with, the new filling may feel strange to your tongue and when you bite. Again, this will usually settle with time, but contact the practice if it persists longer than 14 days and you are concerned.

Good Hygiene

To prolong the lifespan of your new filling, it is important to keep it very clean, in the same way you would a natural tooth. If plaque bacteria are allowed to accumulate around the filling, they may eventually work their way underneath it and start to decay the underlying tooth structure. In this instance, the filling will need to be replaced, and in the worst instance the tooth may be lost.

**If you have any questions or concerns, please
contact the team on (07) 5441 3583.**